



Data Sheet

Gentle shower gel with psyllium

NATURAL COSMETICS FOR NATURAL SKIN CARE WITH A MILD 2 IN 1 SHOWER GEL FOR SKIN AND HAIR

Our gentle shower gel with psyllium was developed according to the guidelines for natural cosmetics and is handy as a shower shampoo. Psyllium seed powder is known as a highly swellable, plant-based dietary fiber that can also be used for gentle skin cleansing and is combined with skin nurturing aloe extract, moisture retaining glycerin and skin smoothing allantoin.

CONTENTS AND PACKAGING

150 ml bottle with a white flip top cap and cover around the cap, no outer packaging, manufactured according to German cosmetic regulations.

APPLICATION

Apply a sufficient amount of shower gel on skin and hair, lightly massage in and rinse with plenty of water.

ACTIVE INGREDIENTS

Glycerin, psyllium husk powder, allantoin, aloe vera extract

EXPLANATION OF INGREDIENTS

AQUA	Water – basic ingredient
SODIUM C14-16 OLEFIN SULFONATE	Sodium salt – cleansing, foaming, reduces the interfacial tension of cosmetic products, helps to keep the body's surface clean
GLYCERIN	Active ingredient, solubilizer, moisture retaining, skin smoothing, regulates the ability to attract water, component of the skin's own moisturizing system, plant-based
LAURYL GLUCOSIDE	Mild surfactant from a bond of natural coconut fatty acid, cleansing, skin-friendly, helps to keep the body's surface clean
COCO-GLUCOSIDE	Coco-glucoside – foaming, cleansing, fairly mild effect, helps to keep the body's surface clean
SODIUM CHLORIDE	Sodium chloride – swellable, regulates viscosity, recommended substance
PLANTAGO PSYLLIUM HUSK POWDER	Psyllium husk powder – plant-based, abrasive, protects skin, helps to prevent damaging effects on the skin due to environmental influences
BENZYL ALCOHOL	Inhibits the development of microorganisms in cosmetic products
XANTHAN GUM	Binder, gelling agent, plant-based, increases or reduces the viscosity of cosmetic products, firming
CITRIC ACID	Buffer substance (citric acid), is manufactured by means of fermentation, i.e. enzymatic conversion of organic substances.
ALLANTOIN	Makes the skin smooth and supple, promotes cell regeneration for stressed and damaged skin. Allantoin has reparative, soothing, calming, moisturizing, healing-promoting and anti-inflammatory properties.
ALOE BARBADENSIS LEAF JUICE POWDER	Over 160 diverse healing and nurturing agents have been found in aloe vera. They include amino acids, vitamins (B1, B2, B6, B12, C, E und A), enzymes, mineral substances, trace elements and secondary plant substances. All of these ingredients produce a synergistic, positive effect on the skin. They produce moisturizing, astringent, anti-inflammatory, softening, cell growth stimulating and antibacterial effects.
BENZOIC ACID	Inhibits the development of microorganisms in cosmetic products
SORBIC ACID	Inhibits the development of microorganisms in cosmetic products

PROPERTIES

Glycerin is a component of the skin's own moisturizing system and helps to retain moisture and smooth the skin. **Psyllium husks** (psyllium) help with skin cleansing and aid in protecting the skin. **Allantoin** makes the skin smooth and supple. Over 160 proven nurturing and healing ingredients found in **aloe vera** make it a valuable and universally applicable ingredient for cosmetic purposes.

STORAGE

Store in a dry place below 30°C, keep away from sunlight.

INGREDIENTS

AQUA, SODIUM C14-16 OLEFIN SULFONATE, GLYCERIN, LAURYL GLUCOSIDE, COCO-GLUCOSIDE, SODIUM CHLORIDE, PLANTAGO PSYLLIUM HUSK POWDER, BENZYL ALCOHOL, XANTHAN GUM, CITRIC ACID, ALLANTOIN, ALOE BARBADENSIS LEAF JUICE POWDER, BENZOIC ACID, SORBIC ACID.